Examination of the cardiac system

Assessment of competences for ANP

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| --- | --- | --- | --- |
|  | **NOT competent** | **Competent** | **Signature and date** |
| Examination of the cardiac system |
| 1 | General inspection* Skin colour
* Head and neck
* JVP
* Chest
* Symmetry
* Identify landmarks
* Clavicles
* Suprasternal notch
* Sternum
* Midclavicular line
* Intercostal spaces
 |  |  |  |
| 2 | Palpation* Correct positioning of patient (45 degrees central/right side)
* Peripheral pulses
* Rate
* Rhythm
* Character
* Volume
* Simultaneous palpation of carotid and peripheral pulses
* Able to identify lines of reference and intercostal spaces
* Able to locate apical beat
* Distinguish thrills, heaves and abnormal pulsation
 |  |  |  |
| 3 | Percussion* Left cardiac border
* 3rd Lt ICS medial to midclavicular line
* Repeat for 4th and 5th ICS
* Estimate cardiac size
 |  |  |  |
| 4 | Auscultation* Anatomical areas of auscultation
* Aortic valve
* Pulmonary valve
* Erb’s point
* Mitral valve
* Tricuspid valve
* Normal heart sounds; S1, 2, 3 and 4
* Systolic murmurs
* Diastolic murmurs
 |  |  |  |
| 5 | Describes the process of cardiac cycle related to the assessment and examination |  |  |  |
| 6 | Describes and understands the Canadian cardiac scoring system* Breathlessness
* Orthopnoea
* PND
* Palpitations
* Syncope
* Dizziness
 |  |  |  |
| 7 | Understands diagnosis and differential diagnosis |  |  |  |
| 8 | Understands further investigations and management plan* Routine blood tests, ECG, ECHO, TOE, angiogram and CT/MRI
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| **Assessor’s comments**: |
|  |
| **This practitioner has completed these outcomes to the appropriate standard.****Assessor’s name:****Signature and date:** | **Practitioner’s signature:****Date:** |